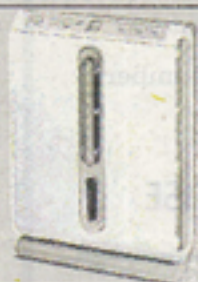


10 OF THE BEST SKIN PRODUCTS

Ancor PLDAI9E, £189.99
THIS dehumidifier draws out moisture in the air, making it harder for dust mites – which can aggravate skin conditions – to survive.
020 8339 0029,
www.allergymatters.com



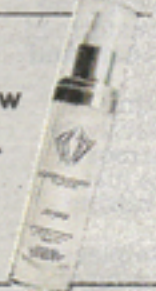
Dermalight 80 UV Comb, £149
HANDHELD UV light treatment that can stop skin cells of psoriasis sufferers multiplying so quickly. Can also treat vitiligo.
020 8339 0029;
www.allergymatters.com



Pyjama top, £19.50 and bottoms, £19.50
DESIGNED for adults with eczema or sensitive skin; made from soft pure cotton with flat seams inside and out.
01772 331815,
www.eczemaeclothing.com



Crystal Clear Reverse, £45
SERUM made with extract of mallow leaves, said to have soothing properties; use for shaving rash or hot flushes.
08705 934 934,
www.crystalclear.co.uk



Bamboo Hooded Bath Wrap, £9.99
THIS bath wrap is made from extremely soft bamboo fibre which is antibacterial and breathable; ideal for babies with eczema and sensitive skin.
01274 565699;
www.allergybestbuys.co.uk



Allergenic Wash 200ml, £6.89
A shower gel free from harsh detergents so it will not strip the skin of its natural protective oils.
0870 850 7114,
www.lifewiththeeczema.com



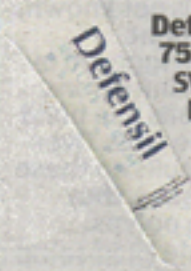
MediBeam, £99.95
HAND-held device for acne using light therapy (which has been clinically proven to reduce bacteria and to help repair skin).
0870 3501264,
www.anhealth.co.uk



Vitabiotics Perfectil Plus, £16.59
SUPPLEMENT containing omega-3 and omega-6 fatty acids to keep skin hydrated, and antioxidants to protect skin.
Pharmacies nationwide;
www.perfectil.com



Defensil Rescue Serum 75ml, £9.99
SWISS scientists have shown this helps lock in moisture for skin prone to dryness and eczema.
0871 871 9975,
www.skinshop.co.uk



Rosacea Care Sample Kit 5, £15
MILD and soothing skincare kit for rosacea; reduces burning, stinging and facial redness.
01763 849044,
www.rosaceacare.co.uk

**TANIA ALEXANDER**