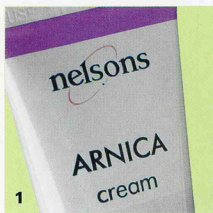


Blemish Busters 6 of the best *...for perfect summer skin*

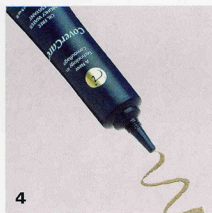
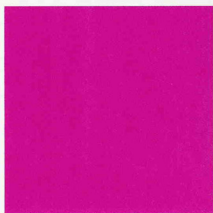
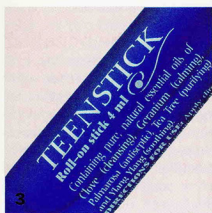


1 Best for bruises

Nelsons Arnica cream, £5.50 for 50g
Contains the alpine plant Arnica montana to help fade unsightly bruises. From chemists and www.boots.com

2 Best for eczema

SOS Intensive Skin Rescue Cream, £13.95 for 100ml, Barefoot Botanicals
A pleasantly scented, non-steroid cream packed with soothing organic emollients. Call 0800 052 8228 or visit www.allergymatters.co.uk

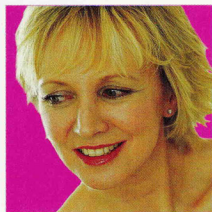
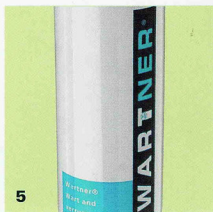
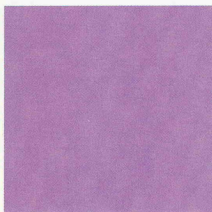


3 Best for spots

Teenstick, £3.99, Arkopharma
With 100% pure essential oils, this dinky rollerball phial will stop hormonal spots in their tracks. Call 020 8763 1414.

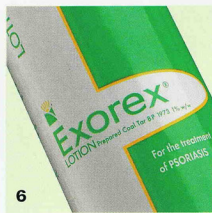
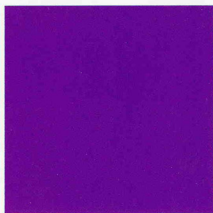
4 Best for scars

CoverCare Camouflage Cream concealer, £19, Jane Iredale
This natural mineral-based concealer works on birthmarks, port-wine marks, pigmentation and scars. Call 020 8450 7111 to order.



5 Best for warty feet

Wartner, £10.95
Banish warts or verrucas with a single application of Wartner. Call 0800 096 0093 to order or visit www.wartner.co.uk



6 Best for flaky skin

Exorex Lotion, £14.95
This non-greasy, easily-absorbed lotion soothes itchy patches with essential fatty acids. Call 01322 550 550 for stockists.